Rests

A <u>rest</u> indicates a period of silence within a piece of music.

The chart below shows different rests and their durations:

Name	Note	Duration
Whole Rest		4 Beats
Half Rest		2 Beats
Quarter Rest	Ś	1 Beat

Don't Forget:

Like notes, a dot after a rest lengthens the rest's duration by half of the rest's value.